

## PRODUCT INSTRUCTIONS



STEP 1



STEP 2



STEP 3

- For external use only.
- Open the vacuum-sealed bag and remove the patch.
- Peel off the release paper and apply directly to the lower abdomen.
- The patch begins to heat within minutes, wear for several hours as needed.
- If temperature feels too warm, attach the temperature control sticker to the back of the patch to reduce heat intensity.
- Dispose of after single use.
- Store in a cool, dry place, away from direct sunlight.

## INGREDIENTS

Natural actives; Folium Artemisiae Argyi, Rhizoma Ligustici Chuanxiong, Radix Angelicae Sinensis, Radix Paeoniae Alba, Rhizoma Zingiberis, Flos Carthami, Non-woven Fabric, Gum Layer, Iron Powder, Activated Carbon, Vermiculite, Inorganic Salt, Water, etc.



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# BIOTECHNOLOGY NETWORK NZ

## MENSTRUAL CRAMP RELIEF PATCH

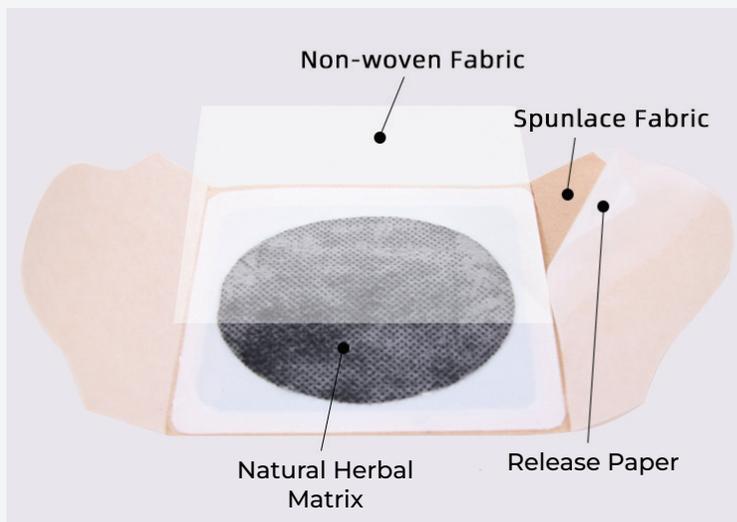
# MENSTRUAL CRAMP RELIEF PATCH

Biotechnology Network NZ's Menstrual Cramp Relief Patch is a natural, fast-acting solution designed to soothe abdominal pain, dysmenorrhea, and lumbar discomfort associated with menstrual cycles.

## STRUCTURE & PERFORMANCE

The Menstrual Cramp Relief Patch is composed of a multilayer structure including a soft protective outer film, a self-heating herbal composite layer, and a breathable non-woven adhesive surface. Once applied to the lower abdomen, the patch begins to gently heat within minutes, reaching a soothing, therapeutic temperature that lasts for several hours.

The herbal actives and controlled warming effect target key acupoints, helping to regulate blood flow, disperse cold, and relieve pain caused by uterine contractions. This dual action of heat therapy and herbal infusion provides lasting comfort while supporting the body's natural healing process during menstruation.



## PRODUCT FEATURES



Rapid, consistent heating for deep comfort and relaxation.



Non-sticky, skin-friendly design easy to apply and remove.



Natural herbal ingredients to relieve menstrual discomfort.



Improves local circulation and helps reduce bloating and stiffness.



Safe, non-allergenic, and free from synthetic medication.

## THIS PRODUCT CAN EFFECTIVELY RELIEVE

- Menstrual cramps and dysmenorrhea
- Lower abdominal pain
- Lumbar and pelvic discomfort
- Bloating and poor circulation
- Cold sensation or fatigue during menstruation

## CONTRAINDICATIONS & PRECAUTIONS

- Do not use on broken or inflamed skin.
- Avoid use during pregnancy, or in individuals with diabetes, skin conditions, or poor blood circulation.
- Do not open the package until ready to use, as the patch activates upon air exposure.
- If the patch becomes too hot or causes redness or irritation, remove immediately.
- Not suitable for individuals with known allergies to heat or adhesive products.
- Keep out of reach of children.
- For external use only — do not ingest.